

ELIZABETH PARKER | AUTHOR MEDIA KIT

AUTHOR BIOGRAPHY

Short Bio

Elizabeth Parker is an independent author who explores the hidden currents of life, spirit, and unseen histories. Known for her deeply resonant nonfiction essays, she is the author of *Reflections of the Major Arcana: The Tarot We Meet in Real Life*, as well as a trilogy of regional books capturing true ghost tales, including *Haunted Mobile: Apparitions of the Azalea City*. Blending a lifelong affinity for the spiritual with a clean, grounded narrative style, Elizabeth writes from her home on the Alabama Gulf Coast.

Full Bio

Alabama native Elizabeth Parker is a writer, investigator of the unseen, and independent author dedicated to looking past the surface of everyday life. Her writing spans the boundary between historical folklore and practical spirituality, offering readers a steady, insightful guide through topics that are often misunderstood.

Elizabeth spent years documenting the rich, eerie tapestries of regional lore, publishing a successful trilogy of books dedicated to first-hand accounts of true ghost encounters and historical hauntings, including the haunted house collection *Haunted Mobile: Apparitions of the Azalea City*. In her latest work, she turns her investigative eye and intuitive insight inward to the symbolic world of the Tarot. Her new book, *Reflections of the Major Arcana: The Tarot We Meet in Real Life*, moves away from rigid esoteric lists to present the Tarot as a positive, steadfast resource for personal growth and psychological grounding.

A natural introvert who prefers to let her books speak for themselves, Elizabeth focuses her work on personal energies, quiet reflection, and the quiet magic found in history and nature.

CURRENT RELEASE INFO

- **Title:** Reflections of the Major Arcana
- **Subtitle:** The Tarot We Meet in Real Life
- **Author:** Elizabeth Parker
- **Publication Date:** September 3, 2026
- **Publisher:** Independently Published (Amazon KDP)
- **Formats:** Paperback & Ebook
- **Retail Price:** \$17.99 (Paperback,) \$7.99 Kindle

- **Page Count:** 487 pages
- **Genre/Category:** Nonfiction / Body, Mind & Spirit / Tarot

Book Synopsis:

Reflections of the Major Arcana: The Tarot We Meet in Real Life is a deeply personal and practical exploration of the Tarot's most powerful cards. Comprising twenty-two long-form essays, this collection strips away the intimidating, rigid lists of esoteric rules and replaces them with a fresh, quirky approach to intuitive instruction. Rather than viewing the Tarot as a tool for prediction, author Elizabeth Parker reframes it as a steadfast, comforting resource that is firmly in the reader's corner. Each essay serves as an accessible mirror, showing readers how the archetypes of the Major Arcana manifest in everyday life, challenges, and personal energy.

PREVIOUS RELEASES

- **Title:** Haunted Mobile: Apparitions of the Azalea City
- **Author:** Elizabeth Parker
- **Publisher:** Independently Published (Amazon KDP)
- **Formats:** Paperback & Ebook
- **Availability:** Available on Amazon
- **Genre/Category:** Nonfiction / Regional History / Ghost Stories & Folklore

Book Synopsis:

In *Haunted Mobile: Apparitions of the Azalea City*, Elizabeth Parker explores the historic, moss-draped streets of Mobile, Alabama, to uncover the lingering spirits and eerie histories of the Azalea City. Stepping past simple urban legends, this collection of true ghost tales blends careful historical context with atmospheric storytelling, capturing the unique spiritual landscape of the Gulf Coast.

Note for podcasters:

Just to ensure we are a good logistical fit, I prefer to keep things as low-tech as possible, and do not have a webcam set up on my monitor. Because of this, interviews and chats are audio-only.

SAMPLE INTERVIEW QUESTIONS

- **You spent years writing about true ghost tales and historical hauntings in books like *Haunted Mobile*. What prompted the shift into writing about the Tarot?**
- **Your book focuses entirely on the 22 cards of the Major Arcana. Why did you choose to focus deeply on these specific cards rather than the entire deck?**

- You describe the Tarot as a resource that is "in our corner." How does that differ from how people traditionally view Tarot cards?
 - The subtitle is The Tarot We Meet in Real Life. Can you give an example of how an intimidating card, like Death or The Tower, shows up in an ordinary, everyday situation?
 - Your approach to the Tarot focuses heavily on personal energies rather than memorizing historical meanings. Why is this intuitive approach more accessible for beginners?
 - How does living on the historic, deeply atmospheric Alabama Gulf Coast influence the tone of your ghost stories and your spiritual writing?
 - As a highly independent writer who works completely solo, what does your personal creative process look like?
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MEDIA CONTACT & LINKS

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